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# MEN A.L.I.V.E.

“Men Winning & Discipling Men for Christ.”

## **Definition Of A Man**

A man is a male created in God's image — who has dominion over his emotions, words, and passions, and leads with courage and love.

## **Vision**

To make of every man a living expression of God's image — strong in character, clear in purpose, and faithful in leadership.

## **Mission**

“Men presenting the Gospel of Christ to every man — in love, truth, and boldness.

## **Verse**

"And the Angel of the Lord appeared to him, and said to him, 'The Lord is with you, you mighty man of valor!'" — Judges 6:12, NKJV

## **Our Goal**

“The Lord is with you, you mighty man of valor”

## **Declaration (*What We Confess*)**

“I am a man chosen by God — empowered to lead, fearless in love, serving in humbleness in Jesus’ name.”

# Five Pillars of Purpose

**The five foundations that make Men A.L.I.V.E.  
a life-changing journey**

## **A – Awakened by the Spirit**

We awaken men from spiritual slumber into a new birth — to rise as sons of God.

*John 1:12 “But to all ( Men ) who received Him, who believed in His name, He gave the right to become Men of God.” –*

## **L – Led by the Word**

We train men to be led by Scripture, stand in truth, and follow God’s voice.

*John 10:27, “My ( Men) hear My voice, and I know them, and they follow Me.”*

## **I – Ignited by God’s Fire**

We believe God’s fire is the answer for every man — turning weakness into strength, and faith into destiny.

*2 Timothy 1:6b “I remind ( Men ) to fan into flame the gift of God, which is in you.”*

## **V – Victorious in Christ**

We disciple men to walk in Christ’s victory — tearing down strongholds and rising into their leadership calling.

*Ephesians 6:10 “Men, be strong in the Lord and in the power of His might.”*

## **E – Empowered for Ministry**

We empower Men to serve with boldness, anointing, and purpose in every area of life and ministry.

*Acts 1:8 “Men, receive the power of the Holy Spirit — and rise as bold witnesses for Christ.”*

# **MEN A.L.I.V.E.**

## **Core Values**

### **1. Integrity in Private and Public**

*A man of God is the same behind closed doors as he is in the spotlight — walking in honesty, purity, and faithfulness before both God and man.*

### **2. Brotherly Accountability**

*We grow stronger together — sharpening one another in truth, humility, and encouragement through transparent relationships.*

### **3. Spiritual Discipline**

*A victorious life requires consistent habits of prayer, word, worship, and obedience — training the soul to submit to the Spirit daily.*

### **4. Servant Leadership**

*True leadership is not about position or power, but about serving others with humility, love, and sacrifice — just as Christ led by washing His disciples' feet.*

### **5. Boldness in Witness**

*Empowered by the Holy Spirit, we speak and live unashamed of the Gospel — proclaiming truth in love, wherever we are.*

# **MEN A.L.I.V.E.**

## **The A4 Path Of A Man Of God**

### **1. Attend – *Show up and listen***

Open your heart to the Word and to brotherhood.

*“Faith comes by hearing...”* (Romans 10:17)

### **2. Apply – *Live what you learn***

Put the Word into action in your personal life.

*“Be doers of the Word...”* (James 1:22)

### **3. Accountability – *Walk with brothers***

Grow through honesty, connection, and shared growth.

*“As iron sharpens iron...”* (Proverbs 27:17)

### **4. Activate – *Step up and lead***

Take responsibility by leading others and multiplying what you've received.

*“Entrust to faithful men who will teach others...”* (2 Timothy 2:2)

# **Men A.L.I.V.E.**

## **Philosophy Statement**

### **“Closer connection, deeper transformation”**

“Closer connection, deeper transformation” is more than a motto — it is a spiritual truth. The closer a man draws to God, the more clearly, he sees himself, and the more deeply God reshapes his heart, mind, and purpose. True **transformation begins in God’s presence** — in intimacy, repentance, and surrender.

But it does not end there — **it deepens through brotherhood**. God never designed men to walk alone. When men gather face to face, pray together, speak with honesty, and stand shoulder to shoulder, something shifts. Pride is broken. Trust is built. Growth accelerates.

Proximity to God initiates change; proximity to your brother sustains it.

**In *Men A.L.I.V.E.*, we believe that isolation is the enemy of transformation** — but togetherness awakens purpose, and connection becomes the path to lasting growth.

# **MEN A.L.I.V.E.**

## **Blessing Prayer**

“My brother, I bless you today in Jesus’ name.

I declare that you are a man of God — chosen before the foundation of the world, redeemed by the blood of Christ, and filled with the Holy Spirit.

I bless you to walk in courage and power, to lead with purpose and love, and to live free from fear, shame, and passivity.

May the Lord strengthen your hands to build, your heart to love, your voice to speak truth, and your mind to remain fixed on Him.

I bless your home with peace, your work with prosperity, and your steps with divine direction.

“As brothers, we journey together — carrying one another burdens in faith and truth, side by side.”

May you rise each day knowing that Christ is in you, His Word is in your mouth, and His power is upon your life.

Now I bless you —

as a man awakened, led, ignited, victorious, and empowered.

A man alive!.In the mighty name of Jesus, Amen

# **Men A.L.I.V.E.**

## **Structure of the Programme**

**Men A.L.I.V.E.** is a one-year discipleship journey built around five core pillars, using the acronym **A.L.I.V.E.** Each letter represents a foundational theme for male spiritual growth, leadership, and brotherhood:

- **A – Awakened** (to identity and calling)
- **L – Led** (by the Word and the Spirit)
- **I – Ignited** (by God’s fire and purpose)
- **V – Victorious** (in character and spiritual warfare)
- **E – Empowered** (to serve, lead, and multiply)

### **How It Works**

Each of the five themes is developed monthly, meaning one key topic is explored per month. After five months, the cycle is repeated again with fresh depth and application, giving 10 months of structured growth for every man involved. Two additional months, July and December, or whichever month best suits the group, are reserved for rest, retreats, family time, and special activities — acknowledging the rhythm of life while still offering opportunities for personal reflection and deeper growth.

## Monthly Cycle Overview:

- **Month 1:** Awakened
  - **Month 2:** Led
  - **Month 3:** Ignited
  - **Month 4:** Victorious
  - **Month 5:** Empowered
  - **Month 6–10:** Repeat the five pillars with new depth and practical application
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## Monthly Structure

Monthly Gatherings (4 per month):

- **2 Dinners (every other week): for building men,**  
Held in homes or private settings, these are focused on discipleship, learning, accountability, and prayer. They provide space for men to open up, grow spiritually, and build authentic relationships.
- **2 Public Breakfasts (every other week): for reaching men,**  
Held in cafés or public venues, these are designed for outreach, connection, and Gospel conversations. Each man is encouraged to invite guests, creating a natural, welcoming environment for new seekers.

## **Weekly Activity Overview:**

### **Week 1:**

- Discipleship Dinner (Weekday Evening)
- Morning Prayer with Partner (3x in the week)

### **Week 2:**

- Outreach Breakfast (Saturday or Sunday Morning)
- Morning Prayer with Partner (3x in the week)

### **Week 3:**

- Discipleship Dinner (Weekday Evening)
- Morning Prayer with Partner (3x in the week)

### **Week 4:**

- Outreach Breakfast (Saturday or Sunday Morning)
- Morning Prayer with Partner (3x in the week)

## **Weekly Prayer Commitment**

### **Prayer Partnership:**

Each man is paired with a prayer partner and commits to three days 15-minute prayer sessions per week — early morning or midday. These are by phone, in person, or by voice message — simple, consistent, and powerful.

### **Discipleship Guidance:**

Every new man is placed under the care of a more mature brother who serves as his guide — offering prayer, counsel, accountability, and walking alongside him through the journey.

## One-on-One Mentoring and Accountability

A New participant is placed under the care of a **BrotherAlive** (B A) who becomes his:

- **Tutor in faith**
- **Prayer companion**
- **Accountability partner**

This ensures that no man walks alone, and every man is supported in his growth, struggles, and calling.

## Why This Model Works?

- It is **repeatable** — designed to run twice yearly without needing reinvention.
- It is **flexible** — fresh Scriptures and teachings can be used in every new cycle.
- It is **foundational** — the five A.L.I.V.E. themes cover salvation, growth, Scripture, calling, and leadership.
- It is **purposeful** — everything points to raising up **strong men of faith** who live on mission.

## Men A.L.I.V.E. is not a course — it is a movement.

It is structured yet relational, strategic yet flexible. Every dinner, every breakfast, every prayer call, and every conversation is designed to awaken men to who they are, lead them into maturity, and empower them to impact others.

**This is how men grow — face to face, week by week, step by step.**

# MEN A.L.I.V.E.

## The 5-Month Discipleship Cycle for Men

### MONTH 1: A – Awakened by the Spirit

#### Theme:

*From spiritual slumber to new birth and purpose*

#### Key Verse:

*“Awake, O sleeper, rise from the dead, and Christ will shine on you.” –  
Ephesians 5:14*

#### Focus Subjects:

- The need for spiritual awakening in men
- The born-again experience (John 3:3)
- Identity as sons of God (John 1:12)
- Breaking passivity and religious routine
- Personal testimony and spiritual hunger

### Weekly Applications – Month 1: Awakened by the Spirit

- Prayer Partner assignment begins – Men are paired for weekly prayer and encouragement.
- Challenge: 3 days of early morning prayer (personally or partnered).
- House Dinner Meetings: **Every 1st and 3rd Tuesday evening** — *men's discipleship dinner in homes.*
- Breakfast Outreach Meetings: **Every 2nd and 4th Saturday morning** — *invite new men for food, testimony, and connection.*

## MONTH 2: L – Led by the Word

### Theme:

*Becoming men governed by Scripture, not culture*

### Key Verse:

*“Your Word is a lamp to my feet and a light to my path.” – Psalm 119:105*

### Focus Subjects:

- Daily discipline in the Word
- Hearing and obeying God’s voice
- Biblical manhood vs worldly definitions
- Memorizing Scripture and meditation
- The role of truth in sanctification (John 17:17)

## Weekly Applications – Month 2: Led by the Word

- Prayer Partner assignment begins – Men are paired for weekly prayer and encouragement.
- Challenge: 3 days of early morning prayer (personally or partnered).
- House Dinner Meetings: **Every 1st and 3rd Tuesday evening** — *men’s discipleship dinner in homes.*
- Breakfast Outreach Meetings: **Every 2nd and 4th Saturday morning** — *invite new men for food, testimony, and connection.*

## MONTH 3: I – Ignited by God’s Fire

### Theme:

*Receiving the Holy Spirit’s power to live boldly and serve faithfully*

### Key Verse:

*“Fan into flame the gift of God... For God gave us a spirit not of fear, but of power, love, and self-control.” – 2 Timothy 1:6–7*

### Focus Subjects:

- Baptism with the Holy Spirit
- Spiritual boldness and supernatural courage
- Fire as purity, passion, and power
- Living filled (Ephesians 5:18)
- Breaking fear and passivity

### Weekly Applications – Month 3: I Ignited by God’s Fire

- Prayer Partner assignment begins – Men are paired for weekly prayer and encouragement.
- Challenge: 3 days of early morning prayer (personally or partnered).
- House Dinner Meetings: **Every 1st and 3rd Tuesday evening** — *men’s discipleship dinner in homes.*
- Breakfast Outreach Meetings: **Every 2nd and 4th Saturday morning** — *invite new men for food, testimony, and connection.*

## MONTH 4: V – Victorious in Christ

### Theme:

*Living in freedom, overcoming sin and spiritual warfare through Christ's finished work*

### Key Verse:

*“The weapons of our warfare... have divine power to destroy strongholds.” – 2 Corinthians 10:4*

### Focus Subjects:

- Understanding Christ’s victory over the enemy
- Spiritual warfare and the believer’s authority
- Overcoming temptation and condemnation
- Freedom from addiction, fear, and guilt
- Disciplining others from a place of victory

### Weekly Applications – **Month 4: V – Victorious in Christ**

- Prayer Partner assignment begins – Men are paired for weekly prayer and encouragement.
- Challenge: 3 days of early morning prayer (personally or partnered).
- House Dinner Meetings: **Every 1st and 3rd Tuesday evening** — *men’s discipleship dinner in homes.*
- Breakfast Outreach Meetings: **Every 2nd and 4th Saturday morning** — *invite new men for food, testimony, and connection.*

## **MONTH 5: E – Empowered for Ministry**

### **Theme:**

*Stepping into calling and spiritual leadership with the power of the Holy Spirit*

### **Key Verse:**

*“But you shall receive power when the Holy Spirit has come upon you; and you shall be My witnesses...” – Acts 1:8*

### **Focus Subjects:**

- Ministry is for every man (Ephesians 4:11–12)
- Spiritual gifts and their purpose
- Leadership in the home, church, and workplace
- Men as ambassadors of the Kingdom (2 Cor. 5:20)
- Servanthood as the foundation of leadership

### **Weekly Applications – Month 5: E – Empowered for Ministry**

- Prayer Partner assignment begins – Men are paired for weekly prayer and encouragement.
- Challenge: 3 days of early morning prayer (personally or partnered).
- House Dinner Meetings: **Every 1st and 3rd Tuesday evening** — *men’s discipleship dinner in homes.*
- Breakfast Outreach Meetings: **Every 2nd and 4th Saturday morning** — *invite new men for food, testimony, and connection.*

## Conclusion: A Call to Rise

Some believers — especially those already established in the faith — may look at the rhythm of *Men A.L.I.V.E.* and say, “Isn’t this too much? Too many meetings? Too intense?” But the truth is, this material was never designed for convenience — **it was designed for awakening.**

*Men A.L.I.V.E.* exists to confront the quiet passivity, spiritual drift, and fruitlessness that has dulled the hearts of too many churchgoing men. It’s not a burden — it is a battle plan. A structure built to help men take responsibility for their spiritual walk, their personal discipline, and their God-given calling.

This is not about adding more meetings to the calendar. **It is about reordering a man’s priorities** — away from comfort, hobbies, and spiritual apathy, and toward Kingdom focus, brotherhood, and mission. There is nothing wrong with tennis or football — but when leisure becomes our identity and purpose becomes optional, we do not just drift — we disconnect from our calling, abandon the battle, and lose sight of the Kingdom we were born to build. **In comfort, men forget their mission.** *Men A.L.I.V.E.* is here to call men out of that fog. To realign hearts. To build lifelong partnerships in the faith. To fill the soul with vision, direction, and legacy. Because the greatest tragedy is not failure — **it is living with no clear direction, no spiritual fire, and no one to walk with.**

This is not just a program. It is a movement to raise a new kind of man — bold, accountable, disciplined, and full of purpose. A man who lives for more than his own comfort. A man who lives for God. A Man Alive.

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## **Men A.L.I.V.E. Network Gatherings & Weekly Structure**

### **Biweekly Brotherhood Dinner**

Weeks 1 & 3 – Discipleship Focus

Tuesday at 7:30-9.30 PM

2 Manor Lodge, Guildford, GU2 9NH

An evening of fellowship, Word, and spiritual sharpening.

### **Biweekly Brotherhood Breakfast**

Weeks 2 & 4 – Outreach Focus

Saturday 9:00–10:00 AM

Wetherspoon, 1 Bridge St, Guildford GU1 4RY

A relaxed yet intentional time to connect with other men.

### **Brotherhood Morning Prayer**

Wednesdays, Thursdays, and Fridays

6:30 AM to 7:00 AM

(via Men A.L.I.V.E. WhatsApp group)

Begin your day in agreement and spiritual focus.